



**BREAKFAST** *available all day*

**Egg Sandwich Platter** *assortment of the following:*

- All the Feels - multigrain + eggs + bacon + white cheddar + crispy brussel sprouts + maple sauce
- Classic - brioche + eggs + white cheddar + avocado + maple sauce
- S.E.C. - eggs + sausage + white cheddar + crispy kale + spicy aioli

**Egg Burrito Platter** *assortment of the following:*

- Coastin - cheesy scrambled eggs + avocado + salsa-sour cream
- Plant Lovers - cheesy scrambled eggs + plant-based hash + vegan sausage + basil sauce
- Meat Lovers - cheesy scrambled eggs + bacon + sausage + roasted chicken + spicy aioli
- Brekkie of Champs Wrap - scrambled eggs + bacon + sweet potato-brussel sprout hash

**Brekkie of Champs Bundle** *platter of each:*

- Scrambled Eggs
- Bacon / Sausage / Vegan Sausage
- Brekkie Hash - roasted sweet potatoes + brussel sprouts + olive oil
- Multigrain toast OR Sweet Potato biscuits OR Everything Spice bagels

**Plant-Based Hash Platter**

roasted sweet potatoes + asparagus + brussel sprouts + radishes + onion

**House-Made Granola Bowl**

whole milk yogurt topped w/ in-season fruit + chia-sunflower seed granola + honey drizzle

**SIDE PLATTERS**

tater tots      seasonal fruit      brekkie hash  
granola      energy bites      spicy black beans  
trail mix bites

**DESSERTS** *assortment of the following:*

chocolate chip peanut butter bar  
carrot cake blondie  
cinnamon streusel coffee cake  
rotating seasonal favorite

**LUNCH** *available all day*

**Chicken Avo BLT Salad**

chopped greens + roasted chicken + tomatoes + bacon + spicy black beans + avocado + lemon peppercorn dressing

**Arugula Orzo Salad**

wild arugula + orzo + sunflower seeds + gorgonzola + cranberries + basil dressing

**Roasted Almond Salad**

chopped greens + almonds + olive oil veggies + lemon peppercorn dressing

**Summer Veggie Bowl**

coconut milk forbidden black rice + roasted asparagus + brussel sprouts + peanut dressing + crispy kale

**Handheld Platter** *assortment of the following:*

- Chicken Club Sandwich - multigrain + roasted chicken + white cheddar + avocado + bacon + spicy aioli
- Hash Grilled Cheese Wrap - multigrain + roasted asparagus + sweet potatoes + brussel sprouts + onion + radish + slaw + spicy aioli
- Forbidden Burrito - coconut milk black rice + spicy black beans + pickled veggies + peanut kale slaw



**SIDE PLATTERS**

chips + in-house salsa      salt + pepper fries  
crispy brussel sprouts      field greens

**DRINKS**

cold brew  
gatorade cans  
mini iced lattes (oat + almond + coconut milks available)  
iced tea (unsweetened black or green)  
orange juice  
coca cola, diet coke, sprite (glass bottles)

